BRUHAT BANGALORE MAHANAGARA PALIKE

NAME OF WORK :PACKAGE-7

DRAFT TENDER SCHEDULE

Sl. No.	Description of Work	Unit	Quantity	Rate in Figures	Rate in Words
1	Earthwork in surface excavation in ordinary soil for leveling and lowering the ground manually (other than foundation of buildings, culverts, roads drains and trenches of pipe line and cables) and removing the excavated stuff to a distance not exceeding 50m and lift up lift 1.5, excavated surface leveled and neatly dressed disposed earth to be leveled after breaking of clods and neatly dressed as per specifications and as per the directions of the Engineer-in-charge of the work .	Cum	708.86	166.42	Rupees One Hundred Sixty Six and Forty Two Paise Only
2	Removing B.S.slab of Drain and stacking as per the directions of the Engineer-in-charge of the work .	Sqm	189.17	65.72	Rupees Sixty Five and Seventy Two Paise Only
3	Removing and refixing stone slabs of drains and pointing in CM (1:3) as per the directions of the Engineer-in-charge of the work .	Sqm	229.97	80.56	Rupees Eighty and Fifty Six Paise Only
4	Providing granite slabs of selected quality roughly dressed havinf a size of 7.5 cms thick and fixed in cement mortar (1:6) including fixing curing ete., complete as per the directions of the Engineer-in-charge of the work .	Sqm	38.33	665.68	Rupees Six Hundred Sixty Five and Sixty Eight Paise Only
5	Providing granite slabs of selected quality roughly dressed havinf a size of 10 cms thick and fixed in cement mortar (1:6) including fixing curing ete., complete as per the directions of the Engineer-in-charge of the work .	Sqm	150.84	825.74	Rupees Eight Hundred Twenty Five and Seventy Four Paise Only
6	Earthwork excavation by manual means in ordinary soil involving an average horizontal throw upto 2meters and an average lift upto 1.5 m, excavated surface leveled and sides neatly dressed, the disposed earth to be levelled neatly after breaking of clods complete as per specifications and as per the directions of the Engineer-in-charge of the work .	Cum	45.54	86.92	Rupees Eighty Six and Ninety Two Paise Only
7	Lead for disposal of earth shall be payable at Carriage rates (Lead & Lift) by mechanical means including loading and unloading up to 15kms as per the directions of the Engineer-in-charge of the work .	Cum	811.15	112.78	Rupees One Hundred Twelve and Seventy Eight Paise Only

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8	Providing,laying, spreading and compacting crushed stone aggregates of granite/trap/ basalt to wet mix macadam specification including pre mixing the Material with water at OMC in mechanical mix plant carriage of mixed material by tipper to site, laying in uniform layers with paver in sub-base/ base course on well prepared surface and compacting with vibratory roller to achieve the desired density. complete as per specifications and as per the directions of the Engineer-in-charge of the work .	Cum	45.54	1768.08	Rupees One Thousand Seven Hundred Sixty Eight and Eight Paise Only
9	Cleaning the existing WBM Road surface including removing of binding materials and other foreign matter with wire brushes and small picks sweeping with brooms or soft brushes and finally dusting with old gunny bags and bar or compressed air to receive bituminous treatment including cost of all materials, labhour, HOM of machineries complet as per specifications and as per the directions of the Engineer-in-charge of the work .	Sqm	198.00	13.78	Rupees Thirteen and Seventy Eight Paise Only
10	Providing and applying tack coat using 80/100 grade bitumen (VG 10) on granular base such as WBM surface hot bitumen primed at 4kg per 10 sqm heating bitumen in boiler with spray set (Excluding cleaning of Road surface) inlcuding cost of all materials, labhour, HOM of machineries complete as per specifications and as per the directions of the Engineer-in-charge of the work .	Sqm	198.00	19.08	Rupees Nineteen and Eight Paise Only
11	Providing and laying bituminous macadam on prepared surface with crushed coarse as per design mix formula for base / binding courseincluding loading of aggregates with F.E. loader, hot mixing of stone aggregates and bitumen in hot mix plant,transporting the mixed material in tipper to paver and laying mixed materials, with paver finisher to the required level and grade,rolling by power roller to achieve the desired density,but excluding cost of primer/tack coat including lead,lift and cost of all materials,labour,HOM of machineries complete as per specification and as per the directions of the Engineer-in-charge of the work .	Cum	36.38	5733.54	Rupees Five Thousand Seven Hundred Thirty Three and Fifty Four Paise Only
12	Cleaning the existing black topped surface with brooms,soft brushes and finally dusting with old gunny bags and/or compressed air to receive bituminous treatment including cost of all materials,labhour, HOM of machineries complete as per specifications and as per the directions of the Engineer-in-charge of the work .	Sqm	7096.49	3.18	Rupees Three and Eighteen Paise Only
13	Providing and applying tack coat using 80/100 grade bitumen(VG10) in boiler fitted with spray set distributor at the rate of 0.20kg per sqm on the existing prepared bituminous surface cleaned with mechanical broom. complete as per specification and as per the directions of the Engineer-in-charge of the work .	Sqm	7096.49	9.54	Rupees Nine and Fifty Four Paise Only

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14	Providing and laying bituminous concrete using crushed aggregates of specified grading,premixed with bituminous binder and filler,transporting the hot mix to work site,laying with a paver finisher to the required grade, level and alignment,rolling with smooth wheeled,vibratory and tandem rollers to achieve the desired compaction as per MORTH specification clause No.500.9 complete in all respects complete as per specifications and as per the directions of the Engineer-in-charge of the work .	Cum	311.65	9012.12	Rupees Nine Thousand Twelve and Twelve Paise Only
15	Road Marking with Hot Applied Thermoplastic Compound with Reflectrising Glass Beads on Bituminous Surface:- Providing and laying of hot applied thermoplastic compound 2.5 mm thick including reflectorising glass beads at 250 gms per sqm area, thickness of 2.5 mm is exclusive of surface applied glass beads as per IRC:35. The finished surface to be level, uniform and free from streaks and holes complete as per specifications and as per the directions of the Engineer-in-charge of the work .	Sqm	137.56	542.72	Rupees Five Hundred Forty Two and Seventy Two Paise Only
16	Dismantling of cement concrete pavement by mechanical means using pneumatic tools, breaking to pieces not exceeding 0.02 cum in volume and stock piling at designated locations and disposal of dismantled materials stacking serviceable and unserviceable materials seperately complete as per specification and as per the directions of the Engineer-in-charge of the work .	Cum	56.75	827.86	Rupees Eight Hundred Twenty Seven and Eighty Six Paise Only
17	Construction of dry lean cement concrete mix CC1:5:10 with OPC cement @160Kgs, with 25mm and down size graded granite metal coarse aggregate at 0.86cum and fine aggregates @ 0.58cum Sub- base over a prepared sub-grade with (coarse and fine aggregate conforming to IS: 383) aggregate cement ratio not to exceed 15:1. Aggregate gradation after blending to be as per Table 600-1, cement content not to be less than 160 kg/ cum, optimum moisture content to be determined during trial length construction, concrete strength not to be less than 10 Mpa at 7 days, mixed in a batching plant, transported to site, laid with a paver with electronic sensor, compacting with 8-10 tonnes vibratory roller, finishing and curing complete as per specifications and as per the directions of the Engineer-in-charge of the work .	Cum	56.75	3986.66	Rupees Three Thousand Nine Hundred Eighty Six and Sixty Six Paise Only

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18	Cement concrete pavement.Construction of un-reinforced plain cement concrete pavement, thickness as per design, over a prepared sub base with OPC cement or any other type as per clause 1051.2.2 design mix M20/M30 , with 25mm and down size graded granite metal coarse aggregates and fine aggregtes , with superplastisiser @3lts confirming to IS9103-1999 Reaffirmed-2008 , mixed in a concrete mixer of not less than 0.6 cum capacity and appropriate weigh batcher as per approved mix design, laid in approved fixed side form work (steel channel, laying and fixing of 125 micron thick polythene film, wedges, steel plates including levelling the form work as per drawing). Spreading the concrete with shovels, rackers compacted using needle, screed and plate vibrator and finished in a continuous operation including provision of contraction, expansion, construction and longitudinal joints including groove cutting charges, joint filler, separation membrane, selant primer, joint sealant, admixtures as approved, curing compound, finishing to lines and grades as per drawing complete as per specifications and as per the directions of the	Cum	59.58	6217.96	Rupees Six Thousand Two Hundred Seventeen and Ninety Six Paise Only
19	Road Marking with Hot Applied Thermoplastic Compound with Reflectrising Glass Beads on Conrete Surface:- Providing and laying of hot applied thermoplastic compound 2.5 mm thick including reflectorising glass beads at 250 gms and 2Ltr of Primer per sqm area, thickness of 2.5 mm is exclusive of surface applied glass beads as per IRC:35. The finished surface to be level, uniform and free from streaks and holes complete as per specifications and as per the directions of the Engineer-in-charge of the work .	Sqm	9.70	685.82	Rupees Six Hundred Eighty Five and Eighty Two Paise Only

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20(a)	Supplying and fixing fitness related equipments of approved make and international standards including the cost of equipments, transportation, installation at given location etc., complete **Spin bike :** Providing and fixing of spin bike (GP-333) as per Engineer in Charge of the work. Machine design features proven biomechanics and advanced structural engineering. Quick start key allows commencing exercise with a touch of button. Challenging resistance levels to help you meet your itness goals. Constant heart rate display keeps in the desired training for progressive cardio improving and weight loss. Low maintenance design delivers a fast return of investment. Rotating parts have high quality bearings, are durable in use and there is no noise while using. Heavy gauge welded steel construction. Stayht GP 333 upright bike boasts a beautiful metallic coat inish on a frame of size Dimension 1 5O" (L) X 25"(VV) X 56"(H) Drive System 2 Centre design drive, super silent poly-V belt driven. Pedals 1 Self balanced extra wide pedals with adjustable straps tit to any size user, close spacing , shock Absorbing, air cushion and provides gentle movements. Seat 2 Ergonomically designed	No	3.00	45000.00	Rupees Forty Five Thousand Only
20(b)	**Uprite bike :** Providing and fixing of UPRIGHT BIKE (GP-333) as per Engineer in Charge of the work. Machine design features proven biomechanics and advanced structural engineering. Quick start key allows commencing exercise with a touch of button. Challenging resistance levels to help you meet your fitness goals. Constant heart rate display keeps in the desired training for progressive cardio improving and weight loss. Low maintenance design delivers a fast return of investment. Rotating parts have high quality bearings, are durable in use and there is no noise while using. Heavy gauge welded steel construction. Stayit GP 333 upright bike boasts a beautiful metallic coat finish on a frame of size Dimension 2 50" (L) X 25"(VV) X 56"(H) Drive System 1 Centre design drive, super silent poly-V belt driven. Pedals 2 Self balanced extra wide pedals with adjustable straps Ht to any size user, close spacing , shock Absorbing, air cushion and provides gentle movements. Seat 1 Ergonomically designed comfortable seat with flex cushion with 29 levels seat adjustment. Handle Bars 2 U-Bar style with ergonomically elbow support pad and in-built contact	No	4.00	105000.00	Rupees One lakh Five Thousand Only

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20©	Cross Trainer : Providing and fixing of Elliptical Cross Trainer (GP-666) - Easier, ll/lore effective Cardio. Stayitl Elliptical Cross Trainer GP- 666 provides a natural, low-impact stride, so users can work out longer and harder. And our design lets them target various muscle groups just by changing the resistance levels. Completely smooth and natural feel Reduces joint stress and minimizes fatigue. Moving handlebars for a total-body workout of Dimension : 8O" (L) X 28"(W) X 7O"(H); Strides 1 20 Inches natural strides. Maximum Watt 1 250 Watts; Resistance Level i 161 Levels. Resistance System 3 Electro-Magnetic resistance; Power I Self generated power system; Programs ; O6 Programs - manual, HRC, random, weight loss, CV and hill interval	No	4.00	125000.00	Rupees One lakh Twenty Five Thousand Only
20(d)	**Tread Mill** : Providing and fixing of Motorised Tread Mill (GP-999) is built for the long run. Our gola was to build treadmill that people would want to use instead of running outside, even if weather conditions were perfect. Ouri engineers have built a revolutionary treadmill that's fully-loaded with patented technology and exclusive performance; features. Our treadmills are powerful running, walking, and jogging machines that are the top choice among exercise enthusiasts around the world. From the basic to the ultimate corporate/club use model, there's nothing like training on a STAYFIT Commercial Series. Stayit treadmills are built to perform to the scrutinizing standards of commercial health club equipment. Compare the features of these extraordinary machines, and you'll discover the qualities that make Stayht the premier name in cardio Htness. Flex Deck Cushioning System - The durable flex deck cushioning system delivers proportional cushioning effects regardless of while using Treadmill. Large Running Surface - The W22" xL 62" running surface provides ample space and is constructed from carbon weave, low friction material that is resistant to static build-up. Powerful Motor -	No	4.00	145000.00	Rupees One lakh Forty Five Thousand Only

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20(e)	**Recumbent** : Providing and fixing of recumbent bike(GP-333) as per Engineer in Charge of the work. Machinel design features proven biomechanics and advanced structural engineering. Quick start key allows commencingj exercise with a touch of button. Challenging resistance levels to help you meet your fitness goals. Constant heart rate-I display keeps in the desired training for progressive cardio improving and weight loss. Low maintenance design delivers a fast return of investment. Rotating parts have high quality bearings, are durable in use and there is no noise while using. Heavy gauge welded steel construction. Staytit GP 333 upright bike boasts a beautiful metallic coat finish on a frame of size Dimension I 5O" (L) X 25"(W) X 56"(H) Drive System 1 Centre desigm drive, super silent poly~V belt driven. Pedals ; Self balanced extra wide pedals with adjustable straps it to any size user, close spacing , shock Absorbing, air cushion and provides gentle movements. Seat 3 Ergonomically designed. comfortable seat with flex cushion with 29 levels seat adjustment. Handle Bars 1 U-Bar style with ergonomically elbow support pad and in-built contact heart rate sensors with hand grips. Centre of	No	2.00	45000.00	Rupees Forty Five Thousand Only
20(f)	**Dumbbells**				
	20.00/kgs	kgs	80.00	150.00	Rupees One Hundred Fifty Only
	17.50/kgs	kgs	70.00	150.00	Rupees One Hundred Fifty Only
	15.00/kgs	kgs	60.00	150.00	Rupees One Hundred Fifty Only
	12.50/kgs	kgs	50.00	150.00	Rupees One Hundred Fifty Only
	10.00/kgs	kgs	40.00	150.00	Rupees One Hundred Fifty Only
	7.50/kgs	kgs	30.00	150.00	Rupees One Hundred Fifty Only
	5.00/kgs	kgs	20.00	150.00	Rupees One Hundred Fifty Only
	2.50/kgs	kgs	10.00	150.00	Rupees One Hundred Fifty Only

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20(g)	Dumbbell stand : Providing and fixing Dumbbells rack for easy racking and unrocking ., ideal for larger dumbbelh sets easy for pic and place it back hardchorme dumbbells coated with rubber coating for better life and safety with 137cm x47cmx87cm As per engineer incharge of work.	No	2.00	25000.00	Rupees Twenty Five Thousand Only
20(h)	Weights stand :Providing and fixing Plate Rack stand of approved make for easy racking and unracking, with rubber coating for better life and safety as per engineer incharge of work	No	2.00	25000.00	Rupees Twenty Five Thousand Only
20(i)	Multi Press ; Providing and fixing the equipments rigid body structure plays a critical role in the machine superbl handling Dimensions 3 93"(L) x 44" (W) x 42" (H). Frame 3 High tensile strength steel, continuous welded, factory; assembled weight frame. Tube 1 capsule Tube Size 1 80mm x 50mm main frame. Tube Gauge 1 3.0 mm. Weight Stack 1 80 Kgs Weight Plate 1 Cast iron, machine drilled to exact spec and employ oversized nylon bushings forl super-smooth operations. Weight Stack Guard 1 Full front and rear shields. Weight Guide Rods 1 22 mm, chromei 2 plated solid steel, highly policed for smooth movements. Weight Selector Rod 1 25 mm, chrome plated highly policed for smooth movements. Weight Selector Pin 1 10 mm gauge steel pin with magnetic knob. Cable 1 Steel Cablef 3.5mm Jacked with PVC 5.5mm outside diameter Pulley S Nylon, 106 mm x 20 mm diameter with Sealed bearing.§ Grips 1 Multiple gripping positions, high density rubber hand grips. Finishing 1 Proprietary two coat powder process!Rust Proof: Electro statically applied powder coated. Frame Color: Grey.	No	1.00	95000.00	Rupees Ninety Five Thousand Only

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21(j)	Lat Pull down : Providing and fixing the equipments rigid body structureplays a critical role in the machine superb, handling Dimensions 1 93"(L) x 44" (W) x 42" (H). Frame 1 l-ligh tensile strength steel, continuous welded, factorw assembled weight frame. Tube 3 capsule Tube Size 2 80mm x 50mm main frame Tube Gauge 3 3.0 mm. Weight! Stack : 80 Kgs Weight Plate ; Cast iron, machine drilled to exact spec and employ oversized nylon bushings forf super-smooth operations. Weight Stack Guard 1 Full front and rear shields. Weight Guide Rods I 22 mm, chrome plated solid steel, highly policed for smooth movements. Weight Selector Rod I 25 mm, chrome plated highly policed for smooth movements. Weight Selector Pin 3 10 mm gauge steel pin with magnetic knob. Cable 3 Steel Cable 3.5mm Jacked with PVC 5.5mm outside diameter. Pulley 1 Nylon, 106 mm x 20 mm diameter with Sealed bearing Grips 3 Multiple gripping positions, high density rubber hand grips. Finishing 1 Proprietary two coat	No	1.00	100000.00	Rupees One lakh Only
21(k)	Mid row : Providing and fixing an equipment of dimensions 93" X 44" X 42" _ Frame 1 High tensile strength steel, continuous welded, factory assembled weight frame. Tube 1 Capsule of size 80mm x 50mm main frame with 3mm gauge. Weight stack 1 80 Kgs , Weight plate 1 Cast iron, machine drilled to exact spec and employ oversized nylon bushing for super smooth operations. Weight stack guard 1 full front and rear shields. Weight guide rods 1 22 mm, chrome plated solid steel, highly polished for smooth movements, Weight selector rod ; 25mm, chrome plated highly polished for smooth movements, weight selector pin 10mm gauge steel pin magnetic knob, Cable 3 steel cable of 3.5mm jacked with PVC 5.5 mm outside diameter, Pulley 1 Nylon 106mm x 20mm diameter with sealed bearing, Grips 1 Multiple gripping positions, high density rubber hand grips, finishing 3 Proprietary two coat powder process, Rust proof 1 Electro statically applied powder coated. Frame color 1 Grey. Workouts 3 Peres major	No	1.00	100000.00	Rupees One lakh Only

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21(l)	Shoulder Press: Providing and fixing the equipments rigid body structure plays a critical role in the machine superb handling Dimensions : 93"(L) x 44" (W) x 42" (H). Frame 1 High tensile strength steel, continuous welded, factory assembled weight frame. Tube 1 capsule Tube Size 1 80mm x 50mm main frame. Tube Gauge 5 3.0 mm. Weight Stack 1 80 Kgs Weight Plate 1 Cast iron, machine drilled to exact spec and employ oversized nylon bushings for super-smooth operations. Weight Stack Guard 1 Full front and rear shields. Weight Guide Rods 1 22 mrn, chrome plated solid steel, highly policed for smooth movements. Weight Selector Rod 1 25 mm, chrome plated highly policed for smooth movements. Weight Selector Pin 1 10 mm gauge steel pin with magnetic knob. Cable 1 Steel Cable 3.5mm Jacked with PVC 5.5mm outside diameter. Pulley 1 Nylon, 106 mm x 20 mm diameter with Sealed bearing. Grips 1 Multiple gripping positions, high density rubber hand grips. Finishing 1 Proprietary two coat powder process. Rust Proof: Electro statically applied powder coated. Frame Color 1 Grey.	No	1.00	95000.00	Rupees Ninety Five Thousand Only
21(m)	Leg Press : Providing and fixing the equipments rigid body structure plays a critical role in the machine superb handling Dimensions 1 93"(L) x 44" (W) x 42" (H). Frame 1 High tensile strength steel, continuous welded, factory assembled weight frame. Tube 1 capsule Tube Size 1 80mm x 50mm main frame. Tube Gauge 1 3.0 mm. Weight Stack 1 80 Kgs Weight Plate 1 Cast iron, machine drilled to exact spec and employ oversized nylon bushings for super-smooth operations. Weight Stack Guard 1 Full front and rear shields. Weight Guide Rods 1 22 mm, chrome plated solid steel, highly policed for smooth movements. Weight Selector Rod i 25 mm, chrome plated highly policed for smooth movements. Weight Selector Pin 1 10 mm gauge steel pin with magnetic knob. Cable 1 Steel Cable 3.5mm Jacked with PVC 5.5mm outside diameter. Pulley 1 Nylon, 106 mm x 20 mm diameter with Sealed bearing. Grips 1 Multiple gripping positions, high density rubber hand grips. Finishing 1 Proprietary two coat	No	1.00	120000.00	Rupees One lakh Twenty Thousand Only

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21(n)	**Leg Extension**: Providing and fixing the equipments rigid body structure plays a critical role in the machine superb handling Dimensions 1 93"(L) x 44" (W) x 42" (H). Frame 1 High tensile strength steel, continuous welded, factory assembled weight frame. Tube 1 capsule Tube Size 1 80mm x 50mm main frame. Tube Gauge 1 3.0 mm, Weight Stack 1 80 Kgs Weight Plate 1 Cast iron, machine drilled to exact spec and employ oversized nylon bushings for super-smooth operations. Weight Stack Guard 1 Full front and rear shields, Weight Guide Rods 1 22 mm, chrome plated solid steel, highly policed for smooth movements. Weight Selector Rod 1 25 mm, chrome plated highly policed for smooth movements. Weight Selector Pin 1 10 mm gauge steel pin with magnetic knob. Cable 1 Steel Cable 3.5mm Jacked with PVC 5.5mm outside diameter Pulley 1 Nylon, 106 mm x 20 mm diameter with Sealed bearing. Grips 1 Multiple gripping positions, high density rubber hand grips. Finishing L Proprietary two coat	No	1.00	90000.00	Rupees Ninety Thousand Only
21(o)	**Leg Curl** : Providing and fixing the equipments rigid body structure plays a critical role in the machine superb handling Dimensions 1 93"(l_) x 44" (W) x 42" (H). Frame 1 High tensile strength steel, continuous welded, factory assembled weight frame. Tube 1 capsule Tube Size 1 80mm x 50mm main frame. Tube Gauge 1 3.0 mm. Weight Stack 1 80 Kgs Weight Plate 1 Cast iron, machine drilled to exact spec and employ oversized nylon bushings for super-smooth operations. Weight Stack Guard 1 Full front and rear shields. Weight Guide Rods 1 22 mm, chrome plated solid steel, highly policed for smooth movements. Weight Selector Rod 1 25 mm, chrome plated highly policed for smooth movements. Weight Selector Pin 1 10 mm gauge steel pin with magnetic knob. Cable 1 Steel Cable 3.5mm Jacked with PVC 5.5mm outside diameter. Pulley 1 Nylon, 106 mm x 20 mm diameter with Sealed bearing. Grips 1 Multiple gripping positions, high density rubber hand grips. Finishing 1 Proprietary two coat	No	1.00	90000.00	Rupees Ninety Thousand Only

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21(p)	**Smith Machine :** Providing and fixing the equipments rigid body structure plays a critical role in the machine superb handling Dimensions 1 93"(t.) x 44" (W) x 42" (H). Frame 1 High tensile strength steel, continuous welded, factory assembled weight frame Tube 1 capsule Tube Size 1 80mm x 50mm main frame. Tube Gauge 1 3.0 mm. Weight Stack 1 80 Kgs Weight Plate 1 Cast iron, machine drilled to exact spec and employ oversized nylon bushings for super-smooth operations. Weight Stack Guard 1 Full front and rear shields. Weight Guide Rods 1 22 mm, chrome plated solid steel, highly policed for smooth movements. Weight Selector Rod 1 25 mm, chrome plated highly policed for smooth movements. Weight Selector Pin 1 10 mm gauge steel pin with magnetic knob. Cable 1 Steel Cable 3.5mm Jacked with PVC 5.5mm outside diameter, Pulley 1 Nylon, 106 mm x 20 mm diameter with Sealed bearing. Grips 1 Multiple gripping positions, high density rubber hand grips. Finishing 1 Proprietary two coat	No	1.00	150000.00	Rupees One lakh Fifty Thousand Only
20(q)	**Pectorial fly machine** : Providing and fixing fly machine with overall dimension 46" x 65" x 55" proprietary two coat powder process, internally lubricated cables, full front and rear weight stack guarding sheets, total stack weight of 110 kg, as per standard specification and direction from the Engineer in charge.	No	1.00	90000.00	Rupees Ninety Thousand Only
20(r)	Oblique rear fly machine : Providing and fixing oblique rear fly machine of size 56" x 54" x 76", frame 1 using high quality steel tube with 125/50 flat elliptical tube or equivalent of guage 3_0 mm, Cable 1 Solid steel wire capable of bearing 1500 Kg, Guide Rod 1 No 45 steel handled by high frequency, hardness, precision to ensure user's safety. Weight Stack 3 92 Kgs, painting 1 powder coating double layer of high quality colour powder.	No	1.00	90000.00	Rupees Ninety Thousand Only

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20(s)	**Assisted Chinup** : Providing and fixing excellent range of 75 kgs weight assisted chinup of 72" x 42" x 88", Frame 1 using high quality steel tube of 120/50 flat elliptical tube or equivalent of guage 3.0 mm, Cable 2 Solid steel wire capable of bearing 1500 Kg, Guide Rod 1 No 45 steel handled by high frequency, hardness, precision to ensure user's safety. Weight Stack 1 92 Kgs, painting 1 powder coating double layer of high quality colour powder.	No	1.00	115000.00	Rupees One lakh Fifteen Thousand Only
20(t)	**Bench press** - declined The equipments rigid body structure plays a critical role in the machine superb handling Dimensions 1 93"(t_) x 44" (W) x 42" (H). Frame 1 High tensile strength steel, continuous welded, factory assembled weight frame. Tube 1 capsule Tube Size 1 80mm x 50mm main frame. Tube Gauge 1 3.0 mm. Weight Stack 1 80 Kgs Weight Plate 1 Cast iron, machine drilled to exact spec and employ oversized nylon bushings for super-smooth operations. Weight Stack Guard 1 Full front and rear shields. Weight Guide Rods 1 22 mm, chrome plated solid steel, highly policed for smooth movements. Weight Selector Rod 1 25 mm, chrome plated highly policed for smooth movements. Weight Selector Pin 1 10 mm gauge steel pin with magnetic knob. Cable 3 Steel Cable 3.5mm Jacked with PVC 5.5mm outside diameter. Pulley 1 Nylon, 106 mm x 20 mm diameter with Sealed bearing. Grips 1 Multiple gripping positions, high density rubber hand grips. Finishing 1 Proprietary two coat powder process. Rust	No	2.00	40000.00	Rupees Forty Thousand Only

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20(u)	**Bench press** - inclined The equipments rigid body structure plays a critical role in the machine superb handling Dimensions 3 93"(l_) x 44" (W) x 42" (H). Frame 1 High tensile strength steel, continuous welded, factory assembled weight frame. Tube ; capsule Tube Size 3 80mm x 50mm main frame. Tube Gauge 1 3.0 mm. Weight Stack ; 80 Kgs Weight Plate 1 Cast iron, machine drilled to exact spec and employ oversized nylon bushings for super-smooth operations. Weight Stack Guard 1 Full front and rear shields. Weight Guide Rods 1 22 mm, chrome plated solid steel, highly policed for smooth movements. Weight Selector Rod 1 25 mm, chrome plated highly policed for smooth movements. Weight Selector Pin 1 10 mm gauge steel pin with magnetic knob. Cable 1 Steel Cable 3.5mm Jacked with PVC 5.5mm outside diameter. Pulley 1 Nylon, 106 mm x 20 mm diameter with Sealed bearing. Grips 1 Multiple gripping positions, high density rubber hand grips. Finishing 1 Proprietary two coat powder process. Rust Proof 1 Electro statically applied powder coated. Frame Color 1 Grey. Workouts 2 Teres major latissimus dorsi, Ramboid Major as per Engineer in Charge of the work.	No	2.00	40000.00	Rupees Forty Thousand Only
20(v)	**Bench press** - tlat, with the above same specihcation	No	2.00	25000.00	Rupees Twenty Five Thousand Only
20(w)	**Bar bell** : Providing and supplying barbell of approved make as per the instruction of the Engineer in Charge.				
	(i) 7 feet barbell	No	4.00	10000.00	Rupees Ten Thousand Only
	(ii) 5 feet barbell	No	4.00	7500.00	Rupees Seven Thousand Five Hundred Only
	(iii) 3 feet barbell	No	4.00	5000.00	Rupees Five Thousand Only
	(iv) kettler barbell	No	4.00	7500.00	Rupees Seven Thousand Five Hundred Only
20(x)	**Barbel stand** : Providing and supplying barbel stand of approved make as per specification.	No	2.00	40000.00	Rupees Forty Thousand Only
20(y)	**Weights** : Providing and supplying weights of approved make as per the instruction ofthe Engineer in Charge.				
					Rupees One

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	15.00/kgs	kgs	45.00	175.00	Rupees One Hundred Seventy Five Only
	10.00/kgs	kgs	30.00	175.00	Rupees One Hundred Seventy Five Only
	7.50/kgs	kgs	45.00	175.00	Rupees One Hundred Seventy Five Only
	5.00/kgs	kgs	50.00	175.00	Rupees One Hundred Seventy Five Only
	2.50/kgs	kgs	25.00	175.00	Rupees One Hundred Seventy Five Only
	1.25/kgs	kgs	7.50	175.00	Rupees One Hundred Seventy Five Only
20(z)	**Abodomen mats** : Providing mats for abdomen workouts made from premium quality PVC fabrics that ensures its longivity and durability, the mat should be smooth and even finished.				
	i)Long mats - 68" x 24"	No	15.00	1500.00	Rupees One Thousand Five Hundred Only
	ii)Short mats - 48" x 24"	No	5.00	1000.00	Rupees One Thousand Only
21(a)	Providing and laying of modular wooden polished flooring of 12 mm thick, high density timber of approved colour and design with end trims, transition, profiles, beading, 15 mm thick felt, and 20 micron polyster Elm with 4mm thick foam underlay etc.,	Sqm	2900.00	3074.00	Rupees Three Thousand Seventy Four Only
21(b)	Providing and constructing standard rubber flooring for indoor area uising rubber membren of 12mm to 16mm thick,to be layed over prepared cement mortor /concrte surface using cm 1:6 beneath rubber membrane including cost of all materials ,labour ,packing joints and mortor Hnishing curing ,all lead and lift ,transportion and also including all applicable taxes complete as per direction incharge of work.	Sqm	100.00	4842.00	Rupees Four Thousand Eight Hundred Forty Two Only

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21(c)	Providing venyl flooring of approved quality and make, tixed on the top of existing flooring tixed with suitable adeshive, including cutting to the required size and fixing etc, complete	Sqm	500.00	552.50	Rupees Five Hundred Fifty Two and Fifty Paise Only
22(a)	**Table Tennis** : Supplying and installing Table tennis board approved make,standard size including all the cost transportation, installation etc., complete				
	Tables - (3O`-0" X 16'-6")	No	3.00	25000.00	Rupees Twenty Five Thousand Only
22(b)	Bats - standard size	No	12.00	900.00	Rupees Nine Hundred Only
22(c)	Balls	No	36.00	25.00	Rupees Twenty Five Only
23(a)	**Badminton** : Supplying and installing Shuttle court related equipments including Fixing of poles, nets etc., complete as per specification				
	Net- 2'-0" high	No	2.00	25000.00	Rupees Twenty Five Thousand Only
23(b)	Poles - 5'-1" high	No	4.00	2500.00	Rupees Two Thousand Five Hundred Only
23©	Shuttle racket- Standard size	No	8.00	1500.00	Rupees One Thousand Five Hundred Only
23(d)	shuttle cock	No	15.00	150.00	Rupees One Hundred Fifty Only
24	**Yoga Mats** :Providing mats for yoga made from premium quality PVC fabrics that ensures its longivity and durability the mat should be smooth and even finished.				
	Mats - 68" long x 24" wide	No	25.00	400.00	Rupees Four Hundred Only
25	Providing and setting up of a children play yard including all the equipments, sand etc., complete(Lumpsum)	No	1.00	165000.00	Rupees One lakh Sixty Five Thousand Only
26	Providing and supplying commercial RO plant of 100 LPH capacity water purifier system suitable for TDS upto 1500 PPM, multiple purification process, suitable to attend with water cooler, finally automatic optional storage tank box pack of approved make and standards.	No	2.00	25000.00	Rupees Twenty Five Thousand Only

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27	Providing supplying and fixing to walls 6mm thick mirror and wall papers of best quality including material ,drilling of holes ,bolt and nuts arrengements ,grinding polishing all lift and lead ,labour transportion etc complet as per direction engineer incharge of work	No	1.00	50000.00	Rupees Fifty Thousand Only
28	Providing, supplying and fixing of lockers for changing rooms, special lighting systems for gym 81 other areas and music system with speakers for gym area.	LS	1.00	470000.00	Rupees Four lakh Seventy Thousand Only

"DTS Approved"

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